



# Construction & Renovation

Mangochi, Malawi

## Quick Overview

Engage in supporting local communities through vital construction, repairs, and renovations.

Our projects are tailored to meet community needs. You could be renovating a school in an underprivileged area, assisting children from disadvantaged families, or constructing a community center. Whether you're involved from the project's onset or join later, your contribution will create a lasting and invaluable impact.

## Program Description

Our projects are carefully chosen to address the pressing needs of the communities we support. While emphasizing education and sanitation, we also prioritize recreational initiatives such as leveling sports fields and establishing vibrant community centers. These initiatives often become lively hubs for the local community.

Working alongside a diverse group of participants and residents, you'll collectively work toward a common goal. Malawian workers, skilled in utilizing local materials, will mentor and impart invaluable skills, ensuring swift and effective completion of construction tasks. Tasks vary depending on the project and may involve physical labor that could pose challenges on certain days. However, these projects cater to individuals with moderate physical fitness, and no one will be pressured to undertake tasks they're uncomfortable with. Embracing the outdoors and collaborating as a team fosters a rewarding and enjoyable experience.

## Your Role – General Information

You'll work closely with local skilled workers, learning from their expertise and contributing to sustainable, impactful projects that cater to the underprivileged community's immediate needs.

- **Construction and Renovation of Community Infrastructure:** You'll actively participate in building and renovating essential community structures in underprivileged poor areas, such as schools, healthcare facilities, or communal gathering spaces. Tasks may involve laying foundations, constructing walls, or refurbishing existing structures to enhance their functionality.
- **School and Playground Development:** Engage in the construction or renovation of underprivileged educational facilities, including classrooms, playgrounds, and educational infrastructure. This could encompass activities like painting, carpentry work, or assisting in creating conducive learning environments for children.

- **Community Facility Development:** Contribute to the enhancement of communal facilities, such as community centers or gathering areas. This involves various tasks from structural improvements to interior enhancements, focusing on creating spaces that benefit the local community.
- **Painting Projects:** Assist in painting school buildings, community centers, or other relevant structures. Your contribution in this area will help uplift and maintain the aesthetic appeal of essential community spaces.
- **Woodwork and Furniture Renovation:** Participate in repairing, building, or renovating furniture and wooden structures within the community. This could involve tasks like repairing benches, crafting furniture, or refurbishing existing wooden structures.
- **Logistics and Material Preparation:** Engage in tasks like digging, assembling construction materials, and organizing logistics to ensure a smooth workflow during construction and renovation processes.

## Aims & Objectives

- Assist locals with construction and renovation efforts as part of a well-organized team.
- Create opportunities for cultural exchange through our efforts with the locals.
- Provide you with hands-on experience in light renovation work.
- Develop your teamwork and skills through hands-on activity

## Add-on: +Learning

There is no +Learning add-on available for this program.

## Schedule

### Monday

- Breakfast at the accommodation – 0700hrs to 0800hrs
- Introduction meeting, House rules, Setting Expectations, Health and Safety Advice and explaining & handling of documents (Code of Conduct, Child Protection Policy, Media Consent, Etc...)
- Malawian brief history, Lessons in Malawian Culture, Do's and Don'ts and Basic Malawian Language Lessons.
- Lunch at the accommodation – 1200hrs to 1300hrs
- To ensure participants are well-acquainted with the surroundings, the coordinator will guide the participants to key spots like supermarkets, ATMs, and currency exchange

centers and assist in obtaining a local SIM card with data (Airtel Network) for seamless communication during their stay.

- Malawian "Nsima" Cooking lesson.
- Dinner at the accommodation – 1900hrs to 2000hrs

### **Tuesday to Friday (and throughout your continued stay from Mondays to Fridays)**

- 0715hrs Breakfast & depart to the placement site
- 0800hrs – 1200hrs partake in program as per “*You’re Roll – General Information*” guided by the subject matter expert
- 1200hrs – 1245hrs Lunch break (Packed lunch or return to the accommodation)
- 1245hrs – 1600hrs partake in program as per “*You’re Roll – General Information*” guided by the subject matter expert.
- 1600hrs Depart to the accommodation
- Dinner at the accommodation

**\*\*\*This schedule can be changed and/or amended depending on weather conditions, local conditions and unforeseen circumstances.\*\*\***

## **Starting Dates**

### **During 2024**

Jan 8th	Feb 12th	Mar 11th	Apr 8th	May13th	Jun 10th
Jul 8th	Aug 12th	Sep 9th	Oct 14th	Nov 11th	Dec 9th

### **During 2025**

Jan 13th	Feb 10th	Mar 10th	Apr 14th	May 12th	Jun 9th
Jul 14th	Aug 11th	Sep 8th	Oct 13th	Nov 10th	Dec 8th

## **Participant Criteria & Requirements**

### **Standard Requirements**

**Minimum age:** 16

**Maximum age:** 65

**Minimum English level:** Basic

**CRB required:** On Signup

**Passport copy required:** No

**Resume copy required:** No

**Required qualification:** None

## **Additional Requirements**

- Participants above 60 must secure medical clearance. For those under 18, a signed parental consent form is mandatory.
- A reasonable level of fitness is essential as a significant portion of activities occur outdoors under the sun.
- It's mandatory to have a yellow fever vaccination and obtain a valid certificate. It is required upon entry into Malawi. Lack of this certificate could result in entry refusal.
- Other recommended vaccines include diphtheria, Hepatitis B, Meningococcal meningitis, rabies, and typhoid. For individuals at the highest risk, selective vaccines like Cholera might be advised for consideration.

## **Additional Equipment**

- Sunscreen: High SPF for protection against the sun's rays.
- Sunhat: Wide-brimmed hat to shield from the sun.
- Sunglasses: UV protection for eye safety.
- Safety Glasses: For specific tasks that require eye protection.
- Work Gloves: Sturdy gloves for various maintenance activities.
- Closed-Toe Work Shoes or Sturdy Footwear: Durable footwear suitable for outdoor work.
- Repellent for Bugs and Mosquitoes: Insect repellent to prevent bites.
- Wet Wipes: For quick cleaning and hygiene.
- Face Masks: for dust.
- Hand Sanitizer: Portable sanitizer for personal use.
- Personal Toiletries: Including soap, shampoo, toothpaste, etc.
- Personal Medication and First Aid Kit: Any prescribed medication and a basic first aid kit.
- Day or Backpack: For carrying personal items and essentials during activities.
- Reusable Water Bottle: To stay hydrated during work hours.
- Light Rain Gear: Poncho or lightweight raincoat for unexpected weather changes.

- Comfortable Clothing: Suitable for outdoor activities and varying weather conditions.